Simple Toe-Up Socks

Danny Ouellette, 2014, rev. 1 2015



Sizes:

Adult Small [Medium, Large] Circumference: 17.5 [20, 22.5] cm (7 [8, 9] in)

Yarns:

275 [320, 366] m (300 [350, 400] yd) of fingering to sport weight yarn.

Needles:

Set of five double pointed needles 2.5 mm [US size 1.5] or size to obtain the gauge listed below.

Alternatively two circular needles or one long circular needle for the Magic Loop method.

Gauge:

36 sts / 48 rows = 4" in stockinette stitch

General Notes:

Unless stated, the instructions apply to all sock sizes. Changes for specific sizes are either noted separately or are given with the small size first followed by the other sizes in brackets.

These socks are worked from the toe up. It uses a light circular cast—on to start. The gusset is created along the base of the foot rather than the side of the instep.

The heel is turned using a combination of a short-row heel triangle and a heel flap worked in the Eye of Partridge pattern that binds off the remaining sole and gusset stitches.

This pattern can also be worked on two circular needles or with the magic loop method. Stitches from Ndls 1+2 go onto one circular needle or the first side of the magic loop, and stitches from Ndls 3+4 go onto the second circular needle or the second side of the magic loop. To work the heel leave the stitches on the second circular needle or second side of the magic loop.

Abbreviations

RHN right hand needle

LHN left hand needle

dpn(s) double pointed needle(s)

rs right side

ws wrong side

K, k knit

P, p purl

YO yarn over

M1R make one leaning to the right

Insert the RHN from front to back under the horizontal strand which lies between the last stitch worked and the next stitch. Place the loop onto the LHN and knit into the front of the loop.

M1L make one leaning to the left

Insert the LHN from front to back under the horizontal strand which lies between the last stitch worked and the next stitch. Knit into the back of the loop.

k2tog knit two together

k2togtbl knit two together through the back loops

SSK Slip, slip, knit

Slip the next two stitches knitwise, one at a time, from the LHN to the RHN. Insert the LHN into the front of these two stitches and knit them together.

Instructions

Toe

Form a loop of your yarn with the tail end in front. Pinch it between your fingers and thumb to keep the loop open.

** YO, place the tip of the dpn into the loop, wrap the working yarn around it and pull that stitch through the loop.

Repeat from ** 4 times in total. 8 sts on the needle.

Slip 4 sts onto another needle and leave the remaining 4 on the second needle. Pull the yarn tail to tighten the cast-on loop a bit.

SSP Slip, slip, purl

Slip the next two stitches knitwise, one at a time, from the LHN to the RHN. Replace the two stitches back onto the LHN and then purl two together through the back of the loops.

s1p slip one stitch purlwise

s1k slip one stitch knitwise

W&T Wrap and Turn

Right Side – Bring the yarn to the front of the work between the needles, slip the next stitch from the LHN to the RHN, bring the yarn around this stitch and to the back of the work, slip the stitch back to the LHN, turn the work to begin purling back in the other direction. Pull the yarn to tighten the wrap.

Wrong Side - Bring the yarn to the back of the work between the needles, slip the next stitch from the LHN to the RHN, bring the yarn around this stitch and to the front of the work, slip the stitch back to the LHN, turn the work to begin knitting back in the other direction. Pull the yarn to tighten the wrap.

Knit Wrap

Slip the wrapped stitch onto the RHN. With the tip of the LHN pick up the wrap and then move the wrapped stitch back to the LHN. Knit the wrap and wrapped stitch together.

Purl Wrap

Slip the tip of the RHN under the back of the wrap around the next stitch and place it onto the LHN. Purl the wrap and wrapped stitch together.

Knit across the first needle. Turn the needles around and knit across the second needle. Pull the yarn tail to tighten the stitches together.

Switch to using four needles by working: [K1, M1R, k1] onto Needle 1; [k1, M1L, k1] onto Needle 2; [k1, M1R, k1] onto Needle 3; [k1, M1L, k1] onto Needle 4. 12 sts.

Increase Round:

K1, M1R, k to end of Needle 1; k to last st on Needle 2, M1L, k1; k1, M1R, k to end of Needle 3; k to last st on Needle 4, M1L, k1.

Repeat Increase Round 4 [5, 6] times more. 32 [36, 40] sts in total.

Work Increase Round and then knit one round. Repeat these two rounds 7 [8, 9] times more. 64 [72, 80] sts in total with 16 [18, 20] sts on each needle.

Foot

The beginning of the round is located at the left side of foot. Needles 1 and 2 form the instep of sock, Needles 3 and 4 form the sole.

Knit around until your work measures approx. 8.75 [10, 10.75] cm (3.5 [4, 4.25] in) less than your desired foot length.

Gusset

Knit across Needles 1 and 2; k5 [6, 7], M1L, k1, place marker, k20 [22, 24], place marker, k1, M1R, k5 [6, 7] over Needles 3 and 4.

Increase Rounds:

Knit one round.

Knit across Needles 1 and 2; Over Needles 3 and 4 work: k to 1 stitch before marker, M1L, k1, slip marker, k to next marker, slip marker, k1, M1R, k to end.

Repeat these 2 rounds 10 [12, 14] times more.

88 [100, 112] sts in total. Needles 1 and 2 each hold 16 [18, 20] sts, Needles 3 and 4 each hold 28 [32, 36] sts.



Turning Heel

Knit across Needles 1 and 2, k first 18 [21, 24] sts from Needle 3 onto Needle 2, remove the stitch marker, k last 10 [11, 12] sts from Needle 3 and first 9 [10, 11] sts from Needle 4 onto one needle for the heel, W&T but do not slip wrapped st back to LHN (wrapped st remains on the heel needle). Remove the stitch marker and slip last 18 [21, 24] sts from Needle 4 to Needle 1.

Needles 1 and 2 each hold 34 [39, 44] sts, the heel needle holds 20 [22, 24] sts.

The heel turn is worked in short rows over these stitches, beginning with the WS facing.

Row 1: SI wrapped st to RHN, s1p, p to last st on needle, W&T.

Row 2: S1p, k to 1 st before previous wrapped st, W&T.

Row 3: S1p, p to 1 st before previous wrapped st, W&T.

Repeat the last two rows 4 [5, 6] times more. There are 6 [7, 8] wrapped sts on each side of the heel needle with 8 unwrapped sts in the center.

Heel Flap

Stitches for the heel flap are created in the next two rows by working into the back of the wraps before working the wraps together with the wrapped sts.

Next Row [RS]:

S1p, k2, k2tog, k3, knit wrap, [k into the back of next wrap, knit wrap] 5 [6, 7] times, pick up two strands in the space between the heel needle and Needle 1 and k1 in those strands. Turn work. 25 [28, 31] sts on the heel needle.

Next Row [WS]:

S1p, p18 [20, 22], purl wrap, [p into the front of next wrap, purl wrap] 5 [6, 7] times, pick up two strands in the space between the heel needle and Needle 2 and p1 in those strands. 31 [35, 39] sts on the heel needle.

The heel flap is now worked in the Eye of Partridge pattern. Stitches at each end of the heel needle will be worked together with sts from the ends of Needles 1 and 2. To make working the decreases easier slip a few sts at a time from Needles 1 and 2 onto the heel needle as needed.

Eye of Partridge Heel Pattern

Row 1: S1k, [k1, sl 1] 14 [16, 18] times,

k1, ssk. Turn work.

Rows 2+ 4: S1p, p29 [33, 37], p2tog.

Turn work.

Row 3: S1k, [sl 1, k1] 14 [16, 18] times,

sl 1, ssk. Turn work.

Repeat these 4 rows 8 [9, 11] times more.

Adult Medium Size Only – Work Rows 1 and 2 once more.

63 [71, 79] sts remain. Needles 1 and 2 each hold 16 [18, 20] sts and the heel needle holds 31 [35, 39] sts.

Leg

With the RS facing and a new needle, s1k, k14 [16, 18] sts from the heel needle, M1R. With another needle knit remaining sts from the heel needle onto Needle 4.

Resume working in the round and knit around for four rounds.

Work [k3, p1] ribbing for the remainder of the leg. Work in ribbing till the leg is 24 [26.5, 29] cm (9.5 [10.5, 11.5] in) high or to your desired height. If needed, switch to a set of larger sized needles to make the circumference of the leg larger.

Loosely cast-off all stitches as follows: K1. **[K1, slip 2 sts from RHN to LHN and k2togtbl]. Repeat from ** till all stitches have been cast-off.

Break the yarn and leave a tail to darn in. Pull the yarn through the remaining loop on the RHN and tighten in. Pull the yarn tail at the toe to tighten the cast-on.

Darn in all yarn ends.

Repeat all the above for creating your second sock.

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